

# Mental & Behavioral Health

Suicide Hotline Emergency Services

## 24/7 Mental Health Crisis Hotline for Carbon, Monroe, Pike Counties:

Call: 570-992-0879

TTY: 570-420-1904

Toll-Free: 800-338-6467

## National Suicide Prevention Life Line

**1-800-273-TALK (8255)**

Suicide Prevention Coordinator Delaware Valley High School J.T Yarem 570-296-1861

Suicide Prevention Coordinator Delaware Valley Middle School Vivian Bruno, 570-296-1835

Suicide Prevention Coordinator Dingman Delaware Middle School Amy Letwinsky 570-296-3152

**Services for Teens at Risk (STAR Center)** <http://www.starcenter.pitt.edu>

Services for Teens at Risk (STAR-Center) is a comprehensive research, treatment and training center funded by the State of Pennsylvania's General Assembly in 1986 to address adolescent suicide and depression. The program provides individuals assessment and treatment to teens that are experiencing depression and suicidality. They also provide community education services about depression and suicidality to schools, social service agencies, churches and other organizations that request them.

**The Trevor Project** <http://www.thetrevorproject.org>

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention to lesbian, gay, bisexual, transgender and questioning youth.

**Suicide Prevention Resource Center** <http://www.sprc.org>

**SPRC** is the nation's only federally supported resource center devoted to advancing the *National Strategy for Suicide Prevention*. They provide technical assistance, training and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide. They also promote collaboration among a variety of organization that play a role in developing the field of suicide prevention.